

HART
S P O R T

PLAY ON



CHRISTMAS // 2012

HART SPORT

Sport and Australia have always gone hand in hand. Whether at an elite level, or just in the local park, pool or schoolyard, it defines our national character. Because Australians around the world are known as tough competitors, who will always have a go, and never give up. We all connect through it, are united (and occasionally divided) by it, and take pride in our achievements in it.

Hart Sport takes pride too, in facilitating and supporting Australians in all their sporting endeavours. So whether you compete at a professional level, stay active simply to keep fit, or are learning a sport for the first time, we have the one, simple message for all of you: play on.



It's the season to **PLAY ON**

HART Dodgeball

What a great game! Soft foam filling with a tough outer skin.

\$22.50



HART Yard Cricket Set

Your essential summer equipment set for the home, park or beach. Bat, ball & wicket in a handy carry bag.

\$19.90



HART Pop Up Goal

Great for the backyard or the park. Portable and lightweight. Includes a handy carry bag. Size: 152cm x 98cm.

\$61.50



HART Soccer Table

Everyone will want to play on Christmas Day! Solid & durable table. Size: 140cm x 75cm x 87cm

\$399.00



Only available at HART Sport. Visit our showroom, or online at www.hart sport.com.au.



HART PRO-79 Spin Bike,

When you're serious. Commercial grade bike with a heavy duty frame and a 24kg flywheel for unmatched stability and durability. Grooved v-belt direct drive system for a super smooth and quiet ride.

\$895.00

HART VKR, Dip, Chin & Push Up Station

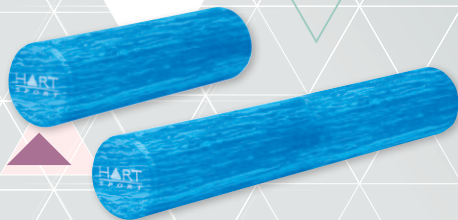
Rock solid support and stability is delivered via heavy-gauge steel frames with all-4-side welded construction. 10° reverse pitch increases abdominal range of motion and securely locks you into position. Easy access Dip Station features oversized diameter grips for ultimate comfort.

\$540.00



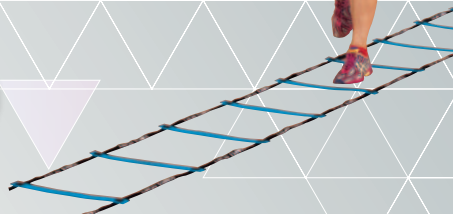
FITNESS

PLAY ON



HART Foam Roller

Popular tool recommended by physiotherapists, pilates instructors and trainers for conditioning, rehabilitation & flexibility. **\$49.00** **\$39.00**
(90cm) (60cm)



HART Anti Skid Agility Ladder

Get those feet moving with this popular training aid. Carry bag included. **\$25.00**
4m long.



HART Balance Trainer

Integrate your balance and flexibility training. Ball can be flipped over during workouts. Includes detachable resistance cords. 55cm diameter. **\$99.00**



HART Swiss Balls

Great all round swiss ball for all types of strength, flexibility, balance, rehabilitation & core training exercises. **\$18.50**
from



HART Abdominal Wheel

Develop abdominal and core strength. **\$15.00**



HART Resistance Tubes

Adaptable fitness tool allows exercises to be performed over the full range of motion. Can be used anywhere. Available in four resistance strengths. **\$13.50**
from



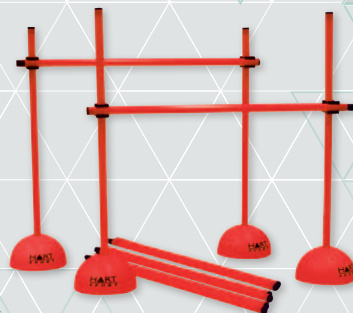
HART Lotus Yoga Mat

EVA foam provides a cushioned surface without slipping. Carry bag included. Size: 180cm x 60cm **\$42.00**



HART Fitness Spots

Design your own exercise circuit. Set of ten, throw down rubber spots can be used anywhere. 25cm diameter. **\$41.50**



HART Dome Kit Set

Climb over, duck under or weave around. Create your own obstacle training course. Set poles at any angle or height. Colour: Red. **\$52.00**



HART Exercise Block

Portable, convenient and safe foam platform for a variety of exercises. Use as a bench, step or hurdle. **\$139.00**

HART Flat & Incline Bench

Commercial grade 50mm x 75mm heavy duty gauge steel mainframe. "Glide & Lock" seat and back pad adjustment system. Size: 130cm(L) x 53cm(W) x 44cm(H) (115cm(H) when inclined)

\$350.00



HART Flat Bench

The perfect heavy duty bench for all basic barbell and dumbbell exercises. Size: 115cm(L) x 58cm(W) x 50cm(H)

\$215.00

FITNESS

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HART Pro Punch Bag

Made tough for heavy use with a four way hanging chain. Foam lined. Size: 90cm long. 20kg. **\$99.00**



HART Get Fit Boxing Gloves

Pack a punch with contoured, curved shaped gloves for a natural hand position. Available in 10oz, 12oz or 16oz. **\$49.00**



HART Get Fit Flat Focus Pads

Uni foam combination for great cushioning and durability. **\$29.00**



HART Steel Kettlebells

Join the kettlebell revolution! Build your core strength and power. **\$60.00** from



HART Weight Vest

Add load to your workout! Build strength, endurance and power Snug fit with padded shoulders. 10kg weight. **\$139.00**



HART Rubber Hex Dumbbells

Get back to basics. Quality cast iron, rubber coated dumbbell. Available from 1kg up to a massive 50kg. **\$4.00** Per KG



HART Skipping Ropes

Skipping is still the best exercise! Available as 1.8m, 2.1m, 2.4m, 2.7m and 3m lengths. **\$3.40** from



HART Spin & Lock Barbell **\$39.00**

25mm diameter. 5ft long.



HART Rubber Coated Plate Weights **\$3.50** Per KG



HART Cast Iron Plate Weight **\$3.00** Per KG



HART Optimum Indoor Table Tennis Table

Quality table with heavy duty frame and lockable wheels for stability. **\$420.00**
Size: 274cm x 152cm x 76cm.



HART Two Player Set

Includes two bats, two balls and a carry case. **\$10.50**



HART Pro Basketball Tower

Acrylic backboard. Easily adjustable from 245cm to 305cm. Fill base with water or sand for stability.

\$450.00



HART Basketball Tower

Height adjustable from 190cm to 305cm. Fill base with sand or water for stability.

\$220.00



HART Base Netball Post

Height adjustable from 240cm to 305cm. Fill base with water or sand for stability.

\$149.00



HART Neon Basketball

Grippy surface for easy ball handling.

\$14.50



HART Fuse Netball

Innovative wave grip for excellent handling in all conditions.

\$16.50

**SPORT
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HART Pro Kit Bag

Huge bag for all your gear! Features wheels and a retractable handle. Size: 100cm(L) x 40cm(W) x 40cm(H)

\$139.00



HART Tour Tennis Racquets
Ideal beginner racquets. Weighted in the head for a steadier swing pattern. Different sizes available for 4yr+ through to adults.

\$22.90



HART Ultra Rugby Union Ball

Hi Tech air retention bladder. Superb grip and flight characteristics.

\$19.90



HART Ultra AFL Ball

Match quality leather ball with thicker ends for improved spin.

\$29.90



HART Street AFL Ball

Extra tough with tread finish for super grip in any weather.

\$17.50



Attack Head Gear

Comfortable & Cool!
IRB approved.

\$19.90



HART Rugby Coaching Ball

Learn correct hand placement for carrying and passing. Soft touch.

\$10.90



HART Flexible Dome Marker Set

Boxed set of 40 markers with stand.

\$45.90



HART Stealth Swim Goggles

Designed for racing. Anti fog lens with UV protection.

\$12.90



HART Stroke Swim Goggles

Suitable for all ages. Anti fog lens with UV protection.

\$6.90



HART Training Fins

Short blade for improved leg strength, endurance and strong fast kick development.

\$22.00
from



HART Kickboards

Popular board made from two tone high density foam.

\$9.50
from

Only available at HART Sport. Visit our showroom, or online at www.hartsport.com.au.



HART Portable Net System

Easy to setup for tennis, badminton or volleyball. Includes handy carry bag.
Size: 310cm wide.

\$95.00



HART Round Balance Beam

Develop your child's balance skills. Set up as a complete circle or an 'S' shape.
Total Length: 3.36m.

\$79.00



HART Mini Rugby Goal Set

Set up your own game or practice your goal kicking. Includes ball, pump and kicking tee. Goal is 190cm high.

\$49.00

ACTIVE PLAY

PLAY ON



HART Crawling Tunnel
Great fun for loads of kids' games! Collapses for easy storage.
Size: 2.75m long x 57cm diameter. **\$75.00**



HART Adjustable T-Ball Set
Tee adjusts to four heights up to 98cm. Includes bat & 2 balls. **\$32.50**



HART Gym Mat
The original gym mat as used in schools & gyms! Perfect for rolling & tumbling. Vinyl mat with 50mm thick foam centre.
Size: 180cm x 90cm. **\$125.00**



HART Tiger Feet
What a fun activity! Teaches balance and coordination. **\$19.50**



HART Hi Hopper
Bouncing develops balance and is lots of fun! **\$15.50**



HART Juggling Set **\$24.50**
Great beginners' set.



HART Rainbow Playballs
Bright, textured rubber playball. 20cm diameter. **\$8.50**



HART Egg & Spoon Set
An oldie but a goodie! Everyone loves an egg & spoon race!
Set of 6. **\$20.50**



HART Moon Ball
A ball with a difference! A big ball with a textured surface is perfect for learning to catch and throw. **\$16.90**



HART
SPORT

Visit the HART Sport Showroom
and Experience Centre,
Building East 1, 605 Zillmere Rd,
Aspley QLD 4034, Australia
or shop online at hartsport.com.au

