

HART BALANCE BEAM SETS

Great for developing balance skills. Brightly coloured moulded plastic pieces easily interlock together. Combine sets to make different configurations.

HART Balance Beam - Straight

Set contains 12 pieces. Each piece is 28cm long x 12cm high. The top walking surface is 5cm wide and the base is 15cm wide. Total beam length: 3.36m. 33-515 set \$79.50

HART Balance Beam Set - Figure 8

Set contains 27 pieces, one of which is a cross piece for interlocking the figure. Each piece is 28cm long x 12cm high. The top walking surface is 5cm wide and the base is 15cm wide. 33-519 set \$189.00

HART Balance Beam - Round

Set contains 12 pieces. Each piece is 28cm long x 12cm high. Total beam length: 3.36m. The top walking surface is 5cm wide and the base is 15cm wide. Can be set up as a complete circle or 'S' shape. 33-514 set \$77.50



HART Balance Dome

Can be used flat side down or up for varied levels of skill. Single or multiple domes can be used for a great variety of exercises. Pimple domed surface provides grip for the feet to prevent slipping. Size: 33cm diameter. Height: 17cm. 6-646 33cm diameter ea \$19.90



HART Large Balance Disc

Excellent for stability and balance exercises. The disc is ideal to balance on whilst standing, sitting and kneeling. The level of instability can be changed by adjusting the amount of air in the cushion. Size: 45cm diameter. 2-097 45cm diameter ea \$29.00



HART Foot Pods

Soft spiky feel. Great for balance, tactile awareness and coordination. Pods are inflatable so pressure can be regulated to individual requirements. Colours may vary. Size: 16cm diameter x 8cm high.

2-047-B	Blue	ea	\$6.90
2-047-G	Green	ea	\$6.90
2-047-R	Red	ea	\$6.90
2-047-Y	Yellow	ea	\$6.90



HART Balance Disc

Excellent for balance activities. Exercise difficulty can be adjusted by simply increasing or decreasing the amount of air in the cushion. Size: 34cm diameter. 2-044 34cm diameter ea \$20.00



HART Eco Balance Cushion

High quality balance disc constructed completely of non-toxic materials. PVC, Phthalate, Latex and Chloride Free! A very versatile "eco-friendly" piece of equipment that looks great and has a heavy duty feel. Ribbed on both sides. Inflation can be adjusted to suit individual needs. The larger diameter and height allows for a huge variety of exercises as both hands or feet can be comfortably placed on the cushion. Heavy duty feel with circular ribbing on one side and pimple grip on the other.

2-050	50cm	ea	\$35.00
2-049	36cm	ea	\$25.00

BUY BULK

HART Bucket of Foot Pods
12 Foot pods in a 20 litre bucket.
41-251 ea \$91.50





HART Half Round Rollers

These 'D' shaped rollers provide a more stable base than the full round rollers. Ideal for balance exercises. Foam Density/Hardness: 50/35.

- 2-058 90cm(L) x 15cm(W) x 7.5cm(H) ea \$25.00
- 2-059 30cm(L) x 15cm(W) x 7.5cm(H) ea \$12.50



HART Foam Balance Beam

The super soft, comfortable feel of this foam balance beam gives children instant feedback. The flat top makes it easy to walk on. Can be used narrow or wide side up depending on level of ability. Place multiple beams end to end or in any formation to suit your needs. Size: 95cm x 6cm x 11/19cm.

- 2-060 ea \$39.00



HART Mini Trampoline

Perfect for balancing & jumping exercises, this compact mini tramp is ideal for fitness or play. Maximum weight recommendation is 95kgs, so suits children through to adults. Users will enjoy numerous activities. Stretch, skip, squat or catch a ball as you jump. This mini tramp comes with a protective nylon skirt over the springs & sides. Size: 91.5cm diameter. 21cm high.

- 6-010 ea \$69.00



HART Mini Trampoline - Folding

Great when storage is a priority. Easy to break down and transport. Includes carry bag. Size: 91.5cm diameter.

- 6-011 ea \$89.00



HART Mini Tramp Handle

Great for beginners and rehabilitation. Height adjustable and suits both styles of HART Mini Trampolines.

- 6-013 ea \$29.50



HART Three Wheel Pedal Roller

This is a great and challenging way to learn balance, coordination and reaction. Moves like a unicycle. Solid construction supporting up to 100kg. 3 x 210mm diameter wheels.

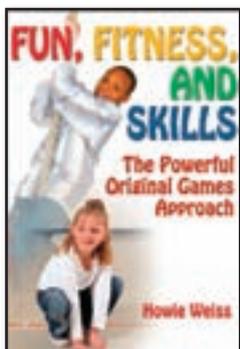
- 33-166 ea \$39.50



HART Six Wheel Pedal Roller

Can be used by young and old. Stand on the platforms and begin walking. The up and down effect improves balance, coordination and reaction. Easy to learn. Supports up to 100kgs. 6 x 210mm wheels.

- 33-167 ea \$67.00



192 pages

Fun, Fitness & Skills

The powerful original games approach

The 93 games are easy to adjust to all grade and ability levels and teach fitness concepts and skills. The games include warm-ups, fitness and skill games, tag games, and games specially designed for kindergarten and first grade. The book focuses on activity that is fun while also building skills for activities that students can enjoy for life.

- 33-1010 ea \$26.50



HART Jump Aerobic Step

Add some bounce and fun to your exercise with this cross between an aerobics step and a mini trampoline. Featuring a non-slip platform and heavy duty rubber feet which provide bounce and impact reduction. Steps can be easily stacked on one another for storage.

- 6-253 ea \$69.00



HART ROLLING BALLS



HART Rolling Balls

Children can have so much fun rolling over these pliable balls. Set contains four inflatable Swiss type balls, each shaped like a wheel. These balls are bound together with rubber straps through the middle of each ball. Rolls easily forward or backwards, not sideways making it easier to handle. Balls are 44cm high and together are approx. 140cm wide.



33-015 set \$79.00



HART Floor Sliders

Place your hands or feet on these sliders and start moving! The smooth concave moulded plastic reduces friction with the ground and provides a challenging way to improve physical motor skills. Balance, stability and flexibility can all be enhanced in all planes of movement. Circular grip pads are removable.

Each slider is 24cm x 24cm x 5mm thick.
16-097 pr \$19.50



HART Elliptical Jump Ball

The peanut shape makes this jump ball easier to sit on. Size: 60cm(L) x 40cm diameter. Maximum user weight: 80kg.

33-013 ea \$13.90



HART Jumping Ball

Jumping balls are a really great play item. They help muscle development & improve balance & coordination. Our Boxing Kangaroo design is a winner with children of all ages. This inflatable bouncy ball has two handles & a plug seal.

Size: 40cm diameter. Maximum user weight: 60kg.
33-011 ea \$14.90



HART Rock'n'Hopper

Improve your fitness, skill and sense of balance. Reinforced plastic platform with an inflatable durable rubber ball. Colours may vary. Maximum user weight: 35kg. Size: 37cm(W) x 29cm(H).

33-090 ea \$18.50



HART Hi Hopper

Bouncing on the Hi Hopper strengthens legs, develops balance and is a lot of fun. The closed handle makes gripping the hopper easier. Size: 50cm diameter. Maximum user weight: 60kg.

Colours may vary.
33-012 ea \$15.50



HART Swiss Balls

Great for developing body awareness & kinesthetic stimulation. The ridged finish provides improved grip.

33-314	38cm	ea	\$18.50
33-315	55cm	ea	\$19.50
33-316	65cm	ea	\$20.50
33-317	75cm	ea	\$21.50



HART Soft Wobble Board

The unique design of the TPE covered platform is large and very comfortable for bare feet. Foam base provides a 'wobble' challenge for all levels of user. Great alternative to traditional style wobble boards. Colour: Marble Blue.

Platform dimensions: 60cm x 39cm x 2cm.
Foam Base: 20cm(dia) x 12cm(H).
6-634 ea \$69.00





HART Pogo Stick

Smart design with bright colours. Robust construction.

Senior

Extended height: 107cm.

Maximum user weight: 72kg.

16-095 ea \$39.90

Junior

Extended height: 102cm.

Maximum user weight: 60kg.

16-094 ea \$36.90



HART High Stepper

Durable, economical & loads of fun. Develop balance & coordination on these thick, moulded plastic balancing steps. Strong rope attached to each plastic stepper. Each step is 13cm high, 11cm diameter. Rope is 54cm in folded length.

33-541 pr \$6.90



HART Foam Jumper

An excellent alternative to using a pogo stick specially designed for younger children. It is fun and safe. Soft foam handles makes it easy to grip, long elastic bands replace the regular metal sticks and the base is a tough block foam for easy bouncing. Makes a squeaking noise when jumped on.

16-096 ea \$25.50



HART Stilts Set

Great sturdy foam base provides stability for young children. Foot height: 16cm. Total height: 95cm.

33-142 pr \$25.50

CREATURE FEET

- Durable EVA Foam
- Foam padded, adjustable length handles
- Balance & Coordination



HART Frog Feet

Great fun for relay races. Helps build leg strength and improve balance.

33-141 ea \$23.90



HART Tiger Feet

Larger surface area and colour paw print makes these steppers easy and appealing to use.

33-247 pr \$19.50



HART Dinosaur Feet

These steppers look great and are easy to use.

33-557 pr \$21.50



HART Adjustable Balance Walker

So many options! Use as four pairs of individual walkers or connect each section to create a two, three or four person team walker. Made from lightweight plastic with rubber foot straps and adjustable handles.

Set includes four pairs of 40cm walkers.

16-174 set \$99.00



HART Balance Walker

Great cooperative activity – not as easy as it looks. Lightweight yet rugged high density foam construction with sturdy, adjustable foot straps for four children. Foam covered handles. Size: 150cm(L) x 30cm(W).

33-123 pr \$95.00